

Family Day Holiday



**Monday,
February 18th**

**Club Holiday Hours
8AM-6PM**

9:00-9:55am - Zumba® (Saelmy)

9:15-10:00am - Cycle (Maha)

10:00-10:55am – Muscle Mix (Maha)

11:00-11:55am – Pilates (Julie R.)

All other classes are cancelled.

Womens Fitness
Clubs of Canada