



Richmond Hill Family Day Schedule

Monday February 18th, 2019

Club Hours: 8AM-6PM

***BRING A FRIEND**

Cycle – 9:00-9:25AM – Gillian

Muscle Mix – 9:30-10:25AM -Gillian

Zumba – 10:30-11:25AM –Gillian/Jackie

Yoga – 11:30-12:25PM – Sandra

**** ALL OTHER CLASSES CANCELLED ****

